

LUNCH MENU



DELI SPECIALITIES

HOMEMADE CHORIZO, CHICKPEA AND PEPPER STEW – Our classic own recipe Spanish chorizo sausage stew is packed with paprika and full of flavour. Served with freshly baked bread. **£8.95**

ROASTED CORNISH HAM, FREE RANGE EGGS AND SAUTEED DELI POTATOES – Just think posh ham, egg and chips – deli style. **£9.95**

ANTI-PASTO PLATTER – a deli counter tasting delight, featuring a classic selection of cured meats, olives, pickles, chutney and salad. Served with crusty bread. **£9.95**

THE DELI BURGER – 100% prime Cornish steak burger served in a brioche bun and topped with melting Cornish cheddar, salad and relish. Served with your choice of polenta chips or sautéed deli potatoes. Add Cornish bacon or frazzled chorizo for £1. **£9.95**

BALSAMIC GRILLED TOMATOES AND MELTING GOATS CHEESE BRUSCHETTA - Juicy tomatoes, splashed with balsamic, grilled, and topped with creamy goats cheese on toasted bruschetta with a leafy salad. **£7.95**

MELTING CORNISH BLUE CHEESE AND MUSHROOM BRUSCHETTA - Mushrooms and onions, fried in a little garlic oil, topped with Cornish Blue, and finished under the grill. Served on toasted bruschetta with leafy salad. **£8.95**

CORNISH CHEESE BOARD – a selection of award winning local cheeses including Cornish Yarg, Cornish Blue and Cornish Brie. Served with artisan biscuits, chutneys and pickles. **£6.95**

SIDES

SAUTÉED DELI POTATOES	£2.95
CHUNKY POLENTA CHIPS	£2.95
SIDE SALAD	£2.95
BREAD & OLIVES	£3.95
DELI MARINATED OLIVES	£2.50
BASKET OF BREAD	£1.95

DELI SALADS

CREAMY GOATS CHEESE & BALSAMIC BEETROOT SALAD **£9.95**
with olives, tomatoes and peppers

OAK-SMOKED SALMON AND CORNISH BRIE SALAD **£10.95**
with capers and pickles

SMOKED CORNISH BACK BACON & MELTING LOCAL BRIE SALAD **£9.95**
with a sweet redcurrant dressing

DAILY SPECIALS: We offer a selection of specials, so please take a look at the chalkboard for more details.

GLUTEN FREE: Please ask to see our gluten free menu

ALLERGENS: Please talk to us about specific allergens prior to ordering

KIDS

THE LITTLE DELI

At the Cornish Deli, we believe little people should eat as well as big people. We can make smaller or more simple versions of most dishes, so please just ask about any specific requirements.

LUNCH MENU



GOURMET SANDWICHES AND BAGUETTES

Our deli sandwiches are made to order, so please feel free to chop, change and make your sandwich your own.
(Add a side of crisps for £1.00)

CLASSIC DELI SANDWICHES

CORNISH ROAST HAM, SALAD & MUSTARD	£5.95
CORNISH ROAST BEEF, SALAD & HORSERADISH	£5.95
BLT – LOCAL SMOKED BACK BACON, LETTUCE, TOMATO & MAYO	£5.95
ROASTED CHICKEN, SALAD & MAYO	£5.95
SWEET CHILLI CHICKEN, SALAD & MAYO	£5.95
CHICKEN, SMOKED BACON, SALAD & MAYO	£6.50
CORNISH ROAST HAM, CHEESE, CHUTNEY, SALAD	£6.50



VEGETARIAN SANDWICHES

MATURE CORNISH CHEDDAR, CHUTNEY, SALAD	£5.95
CORNISH BLUE CHEESE, ONION MARMALADE, SALAD	£5.95
CORNISH BRIE, REDCURRANT JELLY, SALAD	£5.95
CREAMY GOATS CHEESE, TOMATOES, LEAFY SALAD, BALSAMIC SYRUP	£5.95

GRILLED SANDWICHES AND MELTS

Our grilled sandwiches and melts are all served with salad on the side.

ROAST CORNISH BEEF WITH MELTING CHEDDAR, MUSTARD	£6.95
ROAST CORNISH BEEF, MELTING BLUE CHEESE, ONION MARMALADE	£6.95
SMOKED CORNISH BACK BACON, LOCAL BRIE, REDCURRANT JELLY	£6.95
CORNISH CHEDDAR MELT, CHARGRILLED RED PEPPER, ONION MARMALADE	£6.50

Omelette Bar

Hearty 3 egg omelettes, made with local free range eggs and served with your choice of salad or toast.

CORNISH CHEDDAR & ONION	£6.50
CORNISH CHEDDAR & TOMATO	£6.50
SMOKED CORNISH BACK BACON & LOCAL BRIE	£7.50
CORNISH HAM & CHEDDAR	£7.50
SPANISH CHORIZO & ONION	£7.50